

## OLYMPA Directors



**Robyn Romansky**

Romansky worked with the Texas A&M University Volleyball Team as an assistant coach for the 2004-2009 volleyball seasons. She joined the Aggie coaching staff after returning from the Olympic Games in Athens and completing a 3 year tenure with the USA Women's Volleyball Team. She was part of a staff that led the United States to a number one world ranking heading into the Olympics. Robyn helped the team achieve a first place finish at the 2001 Grand Prix, a silver medal finish at the 2002 World Championships, and a third place finish and Olympic qualification at the 2003 World Cup. She was the assistant coach of the 2003 USA Mexicali Centennial Cup Team and the 2004 USA Pan-American Cup Team that gained the USA Team a spot in the 2005 World Grand Prix with their bronze medal finish.



**Renee Johnson**

A former University of Georgia outside hitter and Blinn College volleyball player/All-American, Johnson coached for two seasons as an assistant for the Blinn College Buccaneers. An outside hitter for Blinn in 2004 and 2005, Renee was named an NJCAA First Team All-American and Region XIV Player of the Year. She was also selected to the All-Tournament team at the national tournament and the Region XIV All-Academic team. Thereafter, she was a two-year starter for the Georgia Bulldogs and in her senior year ranked in the top ten of the SEC in both service aces and in digs. She earned a degree in Family and Consumer Sciences in May 2009 from Georgia. She followed her sister, Robyn, into coaching and is also a certified personal trainer.

## Information for Parents

There is a \$25 non-refundable deposit due upon registration. In most cases, parents will pay the school or booster club directly. The remainder of the balance will be collected by your daughter's high school coach at the date he/she specifies. Please contact the head coach for more questions regarding payment.

### What to bring:

Athletes should dress in typical volleyball apparel (kneepads, athletic shoes, t-shirt, and spandex/shorts). We recommend that each athlete bring water/sport drink to camp to stay hydrated. Lunch will not be provided, unless your daughter's head coach informs you otherwise.

### Typical Start Time:

OLYMPA Camps generally begin at 9:00am. Please be sure your daughter arrives 15 minutes early in order to maximize court time. We encourage athletes to come in early and begin warming up on their own.

Please understand that we believe in working with the coaches to develop the best possible camp environment and learning experience. Our goal is never to work against them.

### Additional Notes from High School Coach:

# OLYMPA

## Volleyball Camps



# OLYMPA

We believe that *consistent execution of fundamental skills wins championships*. Our goals are to:

1. help each individual become a stronger player with stronger fundamentals to contribute to the team.
2. improve team systems through a combination of individual execution and the application of systems that best utilize the talents of the athletes.

Our camps provide an intense training experience that is customized for your team. We work with your coach to format the camp based on the needs of your squad in light of your team's goals for your season.

Sample OLYMPA Camp Schedule

	9:00– 11:30am	1:00– 3:30pm	3:30– 4:30pm
Day 1	Introduction Passing	Passing Serving Setting	Bootcamp
Day 2	Individual Defense	Attacking Blocking	Bootcamp
Day 3	Team Defense	Team Offense Wash Drills Scrimmages	Bootcamp

# Volleyball

## What you'll get at MOST camps:

A cookie cutter format of demonstrations and drills scripted the same for every team.

## What you'll get from an OLYMPA Camp:

- Camps designed to the specific needs of you and your team, as specified by your high school coach.
- A knowledgeable coaching staff who is passionate about teaching the game.
- Individual attention and coaching. With a 1 to 10 coach to player ratio or better.
- An intense training experience. We believe that to get a lot, you must give a lot. Our sessions are intense and demanding. We strive to teach individual athletes the benefits of hard work and disciplined practices.
- Instructions on how to maximize practice time through visualization and repetition both in and out of practices.



[www.olympavolleyball.com](http://www.olympavolleyball.com)

# Camps

## Individual Camper Registration

First Name: \_\_\_\_\_

Last Name: \_\_\_\_\_

High School: \_\_\_\_\_

Grade (in Fall of 2012): \_\_\_\_\_ Age: \_\_\_\_\_

Position(s): \_\_\_\_\_

Email: \_\_\_\_\_

\_\_\_Registration fee \$25 (non-refundable)

\_\_\_Basic Camp \$140 **OR**

\_\_\_Basic Camp plus Bootcamp \$150

## Volleyball Camp Release Form

I, \_\_\_\_\_, on behalf of my child,  
(Name of parent/guardian)

\_\_\_\_\_, in consideration of the  
(Name of child)

permission granted to my child to participate in the activities of OLYMPA Volleyball Camp, I as a parent/guardian hereby release, covenant not to sue and forever discharge, *OLYMPA Volleyball Camps, Robyn Romansky, Renee Johnson, and any and all OLYMPA Volleyball Camp coaches, representatives, or employees* from any and all claims and liabilities with regard to my child's participation in the 2012 OLYMPA Volleyball Camps.

I further state and certify that my child is able to participate in the described activities of the camp. I further agree that should my child become injured as a result of participation that I do release and hold harmless, *OLYMPA Volleyball Camps, Robyn Romansky, Renee Johnson, and any and all OLYMPA coaches, representatives, or employees* from any and all liability for illness or injury. I fully understand the risks involved and that it is possible to sustain serious injury or death during the course of participating in the above described activities. I acknowledge that my execution hereof is material to acceptance of my child's campership.

\_\_\_\_\_  
Parent/guardian

\_\_\_\_\_  
Date